

OUR FAVOURITE SUPPLIERS

All produce included are local, spray/chemical free and/or organic. We sourced them from Kawana Farmer's Market (every Saturday 6-12pm) but check their pages for other locations!

Berry Sweet Gourmet

Spray-free berries & fruit Instagram: @berrysweetgourmet

Boneafide Broth Co

Organic freeze dried bone broth powder, collagen crumbles Web: www.boneafidebrothco.com/

Gympie Cheese & Butter

Small batch, traditional French style, grass-fed, cheese (cow & goats), ghee, butter Web: www.gympiefarmcheese.com

Life's Good Curry Paste

Gluten, dairy, nut, preservative & vegetable oil-free natural curry pastes, vegan options Web: www.lifesqoodcurrypastes.com/

Nourishing Wholefoods

Water kefir, kombucha, bone broths, sprouts in reusable and returnable containers Web: www.nourishingwholefoods.com

Olive Envy

Organic produce, olives, home made dips and antipasti FB: @OliveEnvy

m: 0422 353 780



OUR FAVOURITE SUPPLIERS

All produce included are local, spray/chemical free and/or organic. We sourced them from Kawana Farmer's Market (every Saturday 6-12pm) but check their pages for other locations!

Piggy In the Middle

Pastured, free range pork, eggs, lamb, chicken, nitrate free bacon Web: www.piggyinthemiddle.com.au

Rawganix Farm

Organic pastured biodynamic eggs, grass-fed beef, chicken & pork, nitrate-free bacon, cold-pressed olive oil & apple cider vinegar FB: @RawganixFarm

Soulfish Seafoods

Wild caught, line caught, sustainable seafood Web: www.soulfishseafoods.com.au

m: 0422 353 780